

## SUMMER SESSIONS 2011

### Frequently Asked Questions

#### **Q HOW DO YOU CHOOSE PARTICIPANTS?**

**A** We select campers based on their sincere interest for food and cooking. No prior experience at all is necessary. Our application process requires that each child answers a series of questions because it is important to us that all children attending our camps are inherently interested in cooking and eager to explore cooking and foods. For us, skill level is not a factor. We have enough culinary- savvy counselors and chefs that we can give each child the attention they need, no matter their skill level.

#### **Q WHY ARE THE KIDS WORKING WITH 3 DIFFERENT CHEFS EACH DAY?**

**A** We are convinced that the best way to truly learn how to cook is to learn, hands-on, recipes from different cultures, from different chefs, and ultimately from different perspectives. In this way, each child will formulate their own food philosophy, develop their own techniques, and foster a general appreciation for variety.

#### **Q WILL TRANSPORTATION BE PROVIDED BETWEEN THE MORNING CLASSES WITH GUEST CHEFS AND THE RESTAURANT CLASS FROM 3-5 P.M.?**

**A** Yes, we will use public transportation such as BART and buses, as well as the vehicles of camp counselors. Counselors' driving records, vehicle registration, and license number is all recorded on file. Nevertheless, you are more than welcome to take care of your own transportation if you so choose.

#### **Q WILL THE KIDS BE HAVING LUNCH? BREAKFAST ?**

**A** While we will not be serving breakfast, snacks and lunch will be provided: After all, we will eat what we make! If a one class has a sweeter emphasis, a savory side project will be included in the day's activities.

#### **Q WILL DROP OFF AND PICK UP LOCATION BE THE SAME?**

**A** While Drop off will always remain the same, pick-up will depend on the location of our 3-5 p.m. restaurant visit. A letter will be emailed confirming drop off and pick-up locations of each day! Drop off locations depend on what session: The San Francisco Ferry Building, and Whole Foods Berkeley are both hosting summer sessions.

#### **Q DO PARTICIPANTS NEED PRIOR COOKING EXPERIENCE OR SKILLS?**

**A** All skill levels are welcome - we have a 1 to 3 ratio of counselors to kids so we can cater to their skill level! We are confident that we can match your child's skill level.

#### **Q WHO ARE THE COUNSELORS?**

**A** Food-loving student volunteers from UC Berkeley and/or visiting volunteers from France. Our counselors are so enthusiastic about Sprouts and real foods that they are all donating their time to share their passion with your children!

#### **Q WHAT TYPES OF EQUIPMENT WILL THE KIDS BE USING?**

**A** Portable stove-tops, pasta makers, knives, blenders... you name it, we use it. However, safety is our first priority; our counselors will always be monitoring the safe use of our equipment and reinforcing basic cooking safety techniques.

#### **Q IF MY CHILD HAS SIGNED A WAIVER IN THE PAST FOR OTHER CLASSES, DOES HE OR SHE NEED TO SIGN ANOTHER ONE?**

**A** Yes, it's important that your child has a signed waiver for the specified session before he or she can legally participate!

#### **Q DOES MY CHILD NEED TO BRING ANYTHING TO CLASS?**

**A** Water bottles, healthy snacks, and tupper-ware (just in case we have delicious left-overs!) are all items that we highly recommend your child brings. In addition, just like a real chef, children are responsible for bringing their own kitchen kits to camp each day which consists of items such as: chef's knife, pairing knife, rags, peelers, and a heat-resistant spatula. We strongly suggest that your child writes their name on anything they bring and keep track of their belongings. Unfortunately, Sprouts can not be responsible for any losses or thefts.

#### **Q DO JUNIOR COUNSELORS PAY THE SAME PRICE AS CAMPERS?**

**A** Yes, in terms of registration, selection, and payment, the Junior Counselors are treated the same as campers. However, during the camps, Junior Counselors are given special privileges, more leadership-oriented tasks, and have more contact with the chefs as they serve as the liaison between the chef and the younger campers.

#### **Q IN CASE OF CANCELLATION, WHAT IS SPROUTS' SUMMER CAMP REFUND POLICY?**

**A** Our cancellation policy is such that we refund 50% of any cancelled 2011 summer camp sessions up to 3 weeks before the camp session's initial day. Within 3 weeks of the start of the camp, the camp fee is no longer partially refundable.

#### **Q MY CHILD WILL BE ATTENDING THE FERRY BUILDING CAMPS, BUT WILL BE COMING FROM THE EAST BAY. WILL YOU PROVIDE TRANSPORTATION FROM THE EAST BAY TO THE SAN FRANCISCO FERRY BUILDING FOR THE 3RD AND 4TH SESSION?**

**A** Yes, Monday through Friday a counselor will meet Sprouts' children at the Downtown Berkeley Bart Station at 8:15 sharp. The meeting point will be in front of the main entrance, in front of the dome-covered escalator, at the cross street of center and Shattuck Avenue. Children need to arrive with a ticket already purchased, as we will not have time to assist children purchase their tickets. The counselor will lead the children onto the BART and ride with them to the Embarcadero Station, only a short walk from camp. Then, at 5:10, we will take all commuter kids to the BART (Embarcadero) and head over to Berkeley. Pick-up will take place between 5:30-5:45 PM. Children are suggested to bring cellphones so that they can call from the BART and let parents know precisely when their train will be arriving. Pick-up will be right at the main entrance, at the same location as the morning drop-off. There will always, always be a counselor with the children. Children receiving financial aid will not be charged for this